



certifies that

Stephanie Erenoglu

has successfully completed

Module 4 (40 hours) of the Yoga Teacher Training

Momentum Regeneration Essentials of Yoga Therapy

Personalized Yoga for Health and Well-being

from October 29 to November 2, 2024 in Munich

Functional approach to the brain,
nervous and digestive system, immune response;
Yoga for the elderly, Prāṇāyāma and
introduction to Āyurveda



Dr. med. Günter Niessen



Katharina Lehman

